## **SAMPLE CAMP MENU**

## TWO-NIGHT CAMP

Our resident catering team has our guests coming back time again, using only the highest quality and freshest ingredients and sourcing local Adelaide Hills produce wherever possible.

The kitchen is a nut-free zone and we are able to cater for most allergy and dietary requirements. A tip for the teachers: Ash makes the best stove-top espresso and is rather liberal with the chocy bickies. Never fear – pod coffee is available if Ash is not around!

DAY ONE Students bring their own morning tea and lunch

Afternoon tea: Fresh seasonal fruit platter

OR pies / sausage rolls (in winter)

Dinner: Aussie barbie - gourmet sausages, steak and marinated chicken

breast, coleslaw and fresh bread **Dessert**: Apple crumble and custard

DAY TWO Breakfast: Bacon and free range scrambled eggs, toast, condiments,

selection of cereals; Tea, coffee and juice **Morning tea**: Tiny Teddies and chips

Lunch: Fresh gourmet bread rolls filled with a selection of cold meats,

cheese and salads

**Afternoon tea**: Vanilla cupcakes with yummy butter frosting, and fresh fruit **Dinner**: Homemade Lasagne with garden green salad and crusty bread

**Dessert**: Ice cream sundaes with M&Ms

DAY THREE

condiments, selection of cereals; Tea, coffee, milo and juice

Morning tea: Homemade chocolate chip biscuits and fresh fruit

Lunch: Sausage sizzle in gourmet bread rolls, with onion and sauces

Our kitchen is nut-free.

**DIETARY** Vegetarian, vegan, dairy free, gluten free, and egg free substitutes

available, whilst remaining as close to the original menu as possible.

